

Western Junior Freestyle Regional

Wednesday, April 23

	<u>Start</u>	<u>Finish</u>
Mat Officials Clinic (Sr. and FILA Jr.)	3:00 pm	5:00 pm
Bronze Coaches Certification Clinic Part 1	7:00 pm	9:00 pm
Jr. Freestyle Early Pick-up Weigh-in card and Waiver Drop-off	8:00 pm	9:00 pm
○ REQUIRED ON LINE REGISTRATION --- See Registration		
○ Deadline is April 22nd 9:00 am PST		

Thursday, April 24

Jr. Freestyle Final Pick-up Weigh-in card and Waiver Drop-off	7:30 am	8:30 am
○ REQUIRED ON LINE REGISTRATION --- See Registration		
○ Deadline is April 22nd 9:00 am PST		
Jr. Freestyle Medical Check/Weigh-in	8:30 am	8:50 am
○ ALL ATHLETES MUST BE IN ROOM BY 8:00 am		
Bronze Coaches Certification Clinic Part 2	8:00 am	11:00 am
Jr. Freestyle Tournament Set-up	8:30 am	12:00 pm
Mat Officials Clinic (Jr. Freestyle)	9:30 am	11:00 am
Jr. Freestyle Rules Clinic: Athletes/Coaches (On Outer Mats)	11:30 am	11:45 am
Jr. Freestyle Preliminaries	12:00 pm	5:00 pm
Jr. Freestyle Preliminaries	6:30 pm	9:30 pm

Friday, April 25

Jr. Freestyle Preliminaries, Pool Finals, Finals and Medals	11:00 pm	2:30 pm
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Book rooms through the LVSC & receive entry fee discount